



COACHS FITNESS

RIVIERA SPORT WELLNESS



AIT OUMOUSA Farid

Fitness Coach

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✉️ farid.aitoumoussa@gmail.com

Perte de poids / Performance sportive
et dépassement de soi / Renforcement et
musculature fonctionnelle

Weight loss / Sports performance and self-improvement /
Functional strength and conditioning



BARDOT Sylvain

Fitness Coach

📞 06 78 96 74 94

✉️ spartspirit@gmail.com

Remise en forme et prise de muscles/ Esthétique /
Diététique / / Prépareteur physique tennis et marathon
Fitness & Muscle Building / Aesthetics / Nutrition /
Tennis & Marathon Strength & Conditioning Coach



CALLAOU Alicia

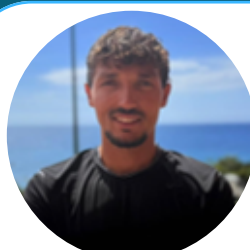
Fitness Coach

📞 06 10 22 19 18

✉️ alicia.callou@hotmail.fr

Perte de poids / Sport santé et bien être /
Renforcement et musculature fonctionnelle

Weight loss / Health & well-being / Functional strength and
conditioning



DADI Rachid

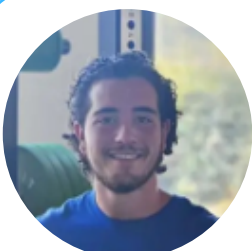
Fitness Coach

📞 06 29 61 70 65

✉️ rachid.dadi.09@gmail.com

Perte de poids / Prise de masse musculaire
/ Préparation physique générale

Weight loss / Muscle gain / General physical
preparation



HANDANDIAN Maxime

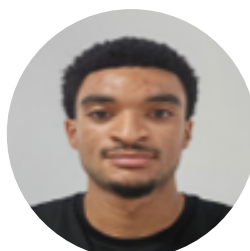
Fitness Coach

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Performance sportive et dépassement de soi /
Réathétisation après blessure / Santé et bien être

Sports performance and self-improvement /
Rehabilitation after injury / Health & well-being



LE MOUEL-CONTE Gaspard

Fitness Coach

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✉️ gaspardlmc@gmail.com

Développement de la force / Réathétisation après blessure

Strenght development / Rehabilitation after injury



MARION Sandrine

Fitness Coach

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Périnatal / Perte de poids / Renforcement musculaire
Prenatal / Weight loss / Muscle strengthening



PERLOFF Yanis

Fitness Coach

📞 07 66 56 05 68

✉️ yanisperloff@yahoo.fr

Cardio boxing / Dépassement de soi / High intensity interval
training (HIIT)/ Performance sportive

Cardio boxing / Self-improvement
High intensity interval training (HIIT) / Sports performance



BOUET Justine

Fitness Coach & Yoga Teacher

📞 06 18 26 24 86

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Perte de poids / Yoga / Réathlétisation / Préparation Physique

Weight Loss / Yoga / Rehabilitation / Physical Preparation



GASTAUD Hélène

Yoga Teacher

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✉️ helene@libello.com

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